



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region III
DIVISION OF SAN JOSE DEL MONTE CITY
City of San Jose del Monte

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February 14, 2018

DIVISION MEMORANDUM

No. 29 s. 2018

To: Assistant Schools Division Superintendent
Division Chiefs
Education Program Supervisors
Public Schools District Supervisors
Public Elementary & Secondary School Heads
All Others Concerned

**ANNUAL PHYSICAL EXAMINATION OF DepEd CSJDM EMPLOYEES
(Teaching and Non-Teaching Personnel)**

1. Pursuant to DECS Memorandum No. 184 s. 1993, DECS Memorandum No. 500 s. 1997, Regional Memorandum No. 58 s. 2003, and Regional Memorandum No. 162 s. 2013 regarding Teachers' Health Welfare Enhancement Program and as a manifestation of concern by this Office on the health status of its employees, all teaching and non-teaching personnel are required to undergo annual physical check-up in compliance with the Civil Service Commission Memorandum Circular No. 17 s. 1989. This is to ensure that all personnel are physically fit to perform their assigned roles and functions.
2. The following diagnostic examinations for DepEd personnel are mandatory.
 - a. Chest x-ray (11 x 14 film)
 - b. CBC
 - c. Urinalysis
 - d. Fasting Blood Sugar
 - e. Total Cholesterol
 - f. BUN
 - g. Creatinine
 - h. BUA
 - i. ECG
 - j. SGPT

In lieu of chest x-ray for pregnant women during their 1st and 2nd trimester of pregnancy, they are advised to undergo sputum microscopy.
3. Results will be submitted to the EPS In-Charge of School Health (SGOD Office) on or before March 23, 2018 for filing, evaluation, and intervention purposes.
4. It is directed that this Memorandum be given the widest publicity possible.

//66r//sgod//school health unit//


GERMELINA H. PASCUAL, CESO V
Schools Division Superintendent