



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region III – Central Luzon
SCHOOLS DIVISION OF SAN JOSE DEL MONTE CITY
San Ignacio St., Poblacion, City of San Jose del Monte 3023



September 5, 2018

DIVISION MEMORANDUM

No. **136**, s. 2018

To: Assistant Schools Division Superintendent
Division Chiefs
Public Schools District Supervisors
Public Secondary School Heads (Marangal NHS,CSJDMNSHS,SJDMNTS, SCNHS)
All Others Concerned

RIPPLE CAMP 2018

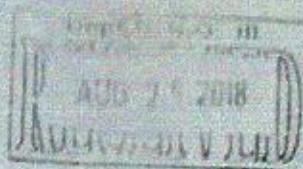
1. This Office through the School Governance and Operations Division- School Health Unit is pleased to inform the concerned public secondary schools about RIPPLE CAMP 2018 with the theme Empowering the Youth, Creating Leaders and Championing Health on Sept.19-21,current at Klir Water Resort, Tabing Bakod, Sta. Rita ,Bulacan.
2. The activity aims to equip student-participants and teachers with mental health intervention for adolescence and develop partnership among concerned stakeholders to ensure guidance and health interventions for the youth.
3. The number of participants per select school to this DOH-collaborated activity are as follows:

School	Student	Teacher
Marangal NHS	6	1
CSJDMNS	5	0
SCNHS	5	1
SJMNTS	6	1

4. For guidance and reference of all concerned


GERMELINA H. PASCUAL, CESO V
Schools Division Superintendent

BEATRIZ G. TORNO, PhD, CESO IV
Regional Director
Department of Education – Regional Office III
Brgy. Maimpis, City of San Fernando, Pampanga



Attention: Dr. Gladys Bengco
Medical Officer IV

Dear Director Torno,

Greetings!

Adolescent Mental Health is indeed critical in the promotion of a health responsive young population, gearing towards a healthier community and generation. Confronted with a number of issues, this life stage calls for guidance and public health interventions, that truly encourages strong involvement and participation of the service recipients.

Hence, in collaboration with other programs and stakeholders, the Department of Health-Regional Office III will be sponsoring the **RIPPLE CAMP 2018** (with the theme: *Empowering the Youth, Creating Leaders, and Championing Health*) in the seven (7) provinces in Central Luzon with the following schedule:

PROVINCE	DATE	TARGET VENUE
Bataan	September 05-07, 2018	La Vista Inland
Aurora	September 12-14, 2018	Moreno Lodge
Bulacan	September 19-21, 2018	Klir Water Resort
Nueva Ecija	September 26-28, 2018	To be determined
Pampanga	October 03-05, 2018	To be determined
Tarlac	October 10-12, 2018	To be determined
Zambales	October 17-19, 2018	To be determined

Hence, considering the mandate and competency of your institution, we would like to partner with you for the aforesaid events in assisting us to identify schools and participants, provide consent forms to the students and invite your representative per province for inspirational and closing messages. Below is the table regarding the agreed number of schools and participants to be invited with the persons from Provincial DOH Offices (PDOHO) and Provincial Health Offices (PHO) to be contacted and coordinated with.

develop, organize and mobilize stakeholders for health, and

to foster collaboration, partnership and linkage with GOs and NGOs for the people of Central Luzon especially the poor, disadvantaged & marginalized.

Core Values:

Integrity
Excellence
Commitment
Compassion
Professionalism
Stewardship
Teamwork

Philippine Health Agenda Goals

Financial Protection

Better Health Outcomes

Responsiveness



		40 pax for Balanga City (36 students, 4 adults)	Ms. Joanna Marie Malibiran 09483663435 Mr. Oliver Enriquez 09467695859
	*Bulacan *Malolos *Meycauayan *CSJDM	25 pax for 4 schools (22 students, 3 adults each) = 100 pax 25 per division (4 divisions)	Ms. Elenita Carreon 09433688990/ Ms. Clarita Alviar 09231949227 Mr. Bonn Buzz Cabantog 09460558289
	*Nueva Ecija (Palayan) *Cabanatuan *Muñoz *Gapan *San Jose	22 pax for 5 schools (20 students, 2 adults each) = 110 pax 22 per division (5 divisions)	Mr. Jonar Angelo Dungca 09422006122/ Ms. Julieta Bernardo 09423119435 Dr. Josefina Garcia 09175667066
	*Pampanga (Porac and Apalit) *Angeles *Mabalacat *San Fernando	22 pax for 5 schools (20 students, 2 adults each) = 110 pax 22 per identified municipalities and divisions	Ms. Analisa Lapira 09155951597 Ms. Kamille Manlutac 09434111626
	*Tarlac *Tarlac City	30 pax for 3 schools (27 students, 3 adults each) = 90 pax 3 schools (2 divisions)	Ms. Liza Ferrer 09471559881 Mr. Kim Chino David 09158738011
	*Zambales *Olongapo	13 pax for 7 schools (12 students, 1 adult each) = 91 pax 7 schools (2 divisions)	Ms. Lynn De San Ag 09186645169 Mr. Christian Antiqu 09175708184



Vision:
A healthy and responsive community in Central Luzon.

Mission:
To ensure effective delivery of quality, affordable, accessible, equitable, and sustainable health services

to develop, organize and mobilize stakeholders for health; and

to foster collaboration, partnership and linkages with GOs and NGOs for the people of Central Luzon especially the poor, disadvantaged & marginalized.

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DAY 1		
08:00 – 09:00 AM	Registration	PDOHO/ PHO
09:00 – 09:20 AM	Preliminaries - Doxology - National Anthem - Acknowledgement of Participants	PDOHO/ PHO
09:20 – 09:30 AM	Messages - Welcome - Inspirational	PHO DepEd
09:30 – 09:45 AM	Introduction/ Overview to the CAMP	PDOHO/ PHO Prog. Coord./ HEPO
09:45 – 10:45 AM	House Rules/Agreements *working AM break Host Teams (<i>Host Group, Shepherds, Housekeeping</i>) Secret Friend, Freedom Wall, Mood Meter	Balanga City/ Peer Faci
10:45 – 12:00 AM	Leveling of Expectation Getting to Know	Psychosocial Team
12:00 – 01:00 PM	Lunch Break	
01:00 – 02:00 PM	DOH-RO3 Programs - Dengue - MR Td, HPV - Isip Isip before you Unzip (Summary of HYO)	PDOHO/ PHO Prog. Coord./ HEPO
02:00 – onwards	Topic 1: Peer Facilitators What is a Peer? *working PM break What is Peer Support? Why a Peer Facilitator Program?	Balanga City/ Peer Faci
07:00 - onwards	Dinner	

DAY 2		
07:00 – 08:00 AM	Breakfast	
08:00 – 08:30 AM	Morning Rituals - Exercise - Recapitulation	Facilitators/ Participants
08:30 – 12:00 NN	Depression and Suicide Awareness - Lectures and activities	Psychosocial Team
12:00 – 01:00 PM	Lunch Break	
01:00 – onwards	When a Teen Faces Parenthood - Teenage Pregnancy - Abortion - STI, HIV and AIDS Self-Care Workshop	Psychosocial Team
07:00 – 09:00 PM	Socials Night	



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 www.ro3.doh.gov.ph

This will be a great opportunity and is a deemed strategic approach of promoting the causes of the programs for Adolescent Health and Development Program and Mental Health through the creation of Peer Health Facilitators per province

Board and lodging will be charged against DOH-RO III sub-allotment funds while transportation and other incidental expenses will be shouldered by the sending agency. Attached herewith is the programme of activities for your reference. For any inquiry and/or confirmation, please feel free to contact Ms. Phoebe Queen Pamintuan (ahd.dohro3@gmail.com) at mobile number 0923-468-0948.

We are hoping for your most appreciated approval in this legacy we would like to trudge

Very truly yours,

Cesar C. Cassion
CESAR C. CASSION, MD, MPH, CESE
 Director IV

values:

integrity
 excellence
 commitment
 innovation
 professionalism
 partnership
 teamwork

Philippine
 Health Agenda
 Goals

Health Protection
 Better Health
 Outcomes
 Responsiveness

