

Republic of the Philippines

DEPARTMENT OF EDUCATION Region III

DIVISION OF CITY SCHOOLS CITY OF SAN JOSE DEL MONTE

website: www.depedcsidm.webs.com / e-mail: deped_csidm@yahoo.com / telefax: (044) 815-2815



March 31, 2017

DIVISION MEMORANDUM

No. <u>50</u> s. 2017

To:

Assistant Schools Division Superintendent

Division Chiefs

Education Program Supervisors Public Schools District Supervisors Public Elementary & Secondary School Heads

All Others Concerned

ANNUAL PHYSICAL EXAMINATION OF DepEd CSJDM EMPLOYEES (Teaching and Non-Teaching Personnel)

- 1. Pursuant to DECS Memorandum No. 184 s. 1993, DECS Memorandum No. 500 s. 1997, Regional Memorandum No. 58 s. 2003, and Regional Memorandum No. 162 s. 2013 regarding Teachers' Health Welfare Enhancement Program and as a manifestation of concern by this Office on health status of its employees, all teaching and non-teaching personnel are required to undergo annual physical check-up in compliance with the Civil Service Commission Memorandum Circular No. 17 s. 1989. This is to ensure that all personnel are physically fit to perform their assigned roles and
- 2. The following diagnostic examinations for DepEd personnel are mandatory.

a. Chest x-ray (11 x 14 film)

f. BUN

b. CBC

g. Creatinine

c. Urinalysis d. Fasting Blood Sugar

h. BUA

e. Total Cholesterol

î. ECG i. **SGPT**

In lieu of chest x-ray for pregnant women during their 1^{st} and 2^{nd} trimester of pregnancy, they are advised to undergo sputum microscopy.

- 3. All results will be attached to CS Form and Oral Health Form distributed by this Office for filing, evaluation, and intervention purposes and be submitted to the EPS in-Charge of School Health (SGOD Office) on or before April 21, 2017.
- 4. All results will be evaluated by the Medical Officers of their respective City Health Centers.
- 5. It is directed that this Memorandum be given the widest publicity possible.

//bbr//sgod//school health//

GERMÉLINA H. PASCUAL, CESO V Schools Division Superintendent