



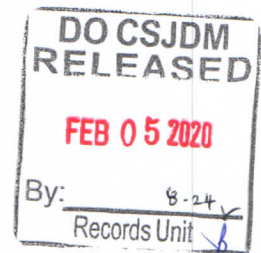
Republic of the Philippines
DEPARTMENT OF EDUCATION
Schools Division of San Jose del Monte City



February 4, 2020

SCHOOLS DIVISION MEMORANDUM

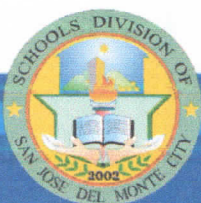
No. 046 s, 2020



TO Chief Education Supervisors
Public Elementary and Secondary Schoolheads
All Others Concerned

CONDUCT OF ANNUAL PHYSICAL EXAMINATION (APE) TO ALL TEACHING AND NON-TEACHING PERSONNEL OF THE SCHOOLS DIVISION OFFICE OF SAN JOSE DEL MONTE

1. Pursuant to Civil Service Memorandum Circular No. 17 s. 1998, this Office will conduct an Annual Physical and Dental Examination to all Teaching and Non-Teaching Personnel in all Public Elementary and Secondary Schools of the Division of San Jose del Monte City starting March 16 to May 29, 2020.
2. The activity aims to ensure that all personnel are fit to perform the assigned roles and functions.
3. In this connection, the following laboratory examinations are required as part of the APE:
 - 3.1 Complete Blood Count (CBC)
 - 3.2 Urinalysis
 - 3.3 Chest X-Ray, PA (except pregnant)
 - 3.4 Electrocardiogram (ECG)
 - 3.5 Blood Chemistry
 - a. Fasting Blood Sugar FBS)
 - b. Lipid Profile
 - c. BUN (Blood Urea Nitrogen)
 - d. Creatinine (Crea)
 - e. BUN (Blood Uric Acid)
 - f. SGPT
4. Laboratory examination may be done in a laboratory/medical institution of your choice.
5. Division Office WILL NOT endorse any laboratory, clinic or hospital where the said examination can be done. However, it is strongly suggested that the examination be done in a reliable laboratory to avoid repetition of the questionable results.
6. Those who prefer to avail the services of the City Health Centers for the Annual Physical Examination may do so provided they will follow the procedures.

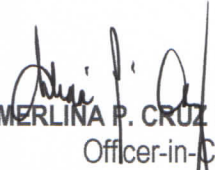




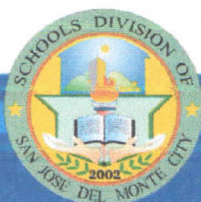
Republic of the Philippines
DEPARTMENT OF EDUCATION
Schools Division of San Jose del Monte City



- a. Concerned Schoolhead should write a letter of intent to the City Health Office and City Health Center where the APE will be done and indicate the number of personnel to be examined for scheduling of CHO.
 - b. The Vital Signs section of the APE form must be filled-up by the SHN nurse prior to the conduct of APE in City Health Centers.
-
7. All personnel who took their laboratory/medical examination 6 months before the schedule will undergo Annual Physical Examination.
 8. Further, Health Coordinators shall submit the consolidated Annual Physical Examination reports 3 days after the scheduled APE to SDO Record Section Attention: SHN Unit.
 9. Schedule of the APE in schools is in enclosure no. 1
 10. For information and guidance.


MERLINA P. CRUZ PhD, CESO VI
Officer-in-Charge

Office of the Schools Division Superintendent,





Republic of the Philippines
DEPARTMENT OF EDUCATION
 Schools Division of San Jose del Monte City



Enclosure No.1 to Division Memorandum No 046 s.2020

SCHEDULE OF 2020 ANNUAL PHYSICAL EXMINATION OF TEACHING AND NON-TEACHING PERSONNEL OF SCHOOLS DIVISION OFFICE OF SAN JOSE DEL MONTE

SCHOOL	DATE
1.SJDM National Trade School	March 16 -17, 2020
2.BBE ES	March 18-19, 2020
3.Sto Cristo NHS	March 20, 2020
4. SJDM Central School	March 23, 2020
5.Gumaoc ES	March 24, 2020
6. Kaypian ES	March 25, 2020
7.Paradise Farms NHS	March 26-27, 2020
8. SJDM Natl High School	March 30, 2020
9. San Isidro ES	March 31, 2020
10. San Roque ES	
11. Paradise Farms Community Elementary School	
12. Kakawate ES	April 1, 2020
13. Kakawate NHS	
14. Sapang Palay National High School	April 2-3 2020
15. Goldenville ES	April 6, 2020
16.Minuyan ES	April 7, 2020
17.Minuyan NHS	April 13, 2020
18.Towerville NHS	April 14, 2020
19.. D. Bayan ES, CSJDMNSHS	April 15, 2020
20. CSJDM Natl Science High School	
21. BBB ES	April 16, 2020
22. BBF ES	April 17, 2020
23. SJDM Heights ES	April 20, 2020
24.Graceville ES	April 21, 2020
25. Graceville NHS	April 22, 2020
26. Gaya ES	April 23, 2020
27. Heroesville ES	
28.Marangal ES	April 24, 2020
29. Marangal NHS	April 27. 2020
30. S. Palay Proper ES	April 28, 2020
31.. BBC ES	April 29, 2020
32. BBD ES	April 30, 2020
33.BBH ES	May 5, 2020
34. Sto. Cristo ES	May 6 ,2020
35. Towerville ES	May 7, 2020
36. BBG ES	May 8, 2020
37. BBI ES	May 11, 2020
38. BBA ES	May 12, 2020



San Ignacio St., Poblacion, San Jose del Monte City, Bulacan
 www.depedcsjdm.weebly.com • sanjosedelmonte.city@deped.gov.ph • (044)307-3614



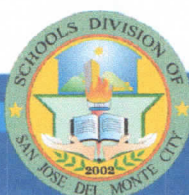
Quality Management System ISO 9001:2015
 Certificate Registration No. 50500738 QM15



Republic of the Philippines
DEPARTMENT OF EDUCATION
Schools Division of San Jose del Monte City



39. Citrus NHS	May 13, 2020
40. San Martin NHS	May 14, 2020
41. Muzon NHS	May 15, 2020
42.B. Nieto ES,	May 18, 2020
43. Partida ES	May 18, 2020
44. Muzon Pabahay ES	May 19, 2020
45. . Muzon Harmony Hills NHS	May 20, 2020
46 SJDM Heights NHS	May 21, 2020
47. San Manuel HS	May 22, 2020
48. Ricafort ES	
49. San Manuel ES	
50 T. Mangga ES	May 25, 2020
51. Francisco Homes ES	May 26 2020
52.. Kaypian NHS	May 27, 2020
53. Guijo ES	May 28, 2020
54.Mulawin ES	
55. San Rafael ES	
56. Schools Division Office	May 29,2020



San Ignacio St., Poblacion, San Jose del Monte City, Bulacan
www.depedcsjdm.weebly.com • sanjosedelmonte.city@deped.gov.ph • (044)307-3614



Quality Management System ISO 9001:2015
Certificate Registration No. 50500738 QM15