



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
 Region III  
**DIVISION OF CITY SCHOOLS**  
 City of San Jose del Monte



website: [www.depedcsidm.webs.com](http://www.depedcsidm.webs.com) / e-mail: [deped\\_csidm@yahoo.com](mailto:deped_csidm@yahoo.com) / telefax: (044) 815-28150

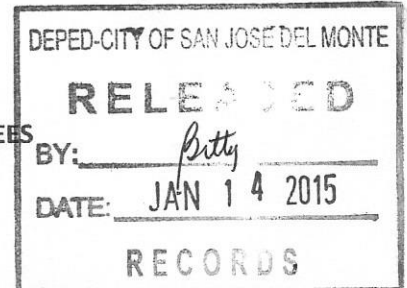
January 13, 2015

**DIVISION MEMORANDUM**

No. 2, s. 2015

**ANNUAL PHYSICAL EXAMINATION OF DepED CSJDM EMPLOYEES  
 (TEACHING & NON-TEACHING PERSONNEL)**

To: Division/District Supervisors  
 Public Elementary School Principals/OICs  
 Public Secondary School Principals/OICs  
 Division/School Administrative Officers



1. Pursuant to DECS Memorandum No. 184, s. 1993, DECS Memorandum No. 500, s. 1997, Regional Memorandum No. 58, s. 2003, and Regional Memorandum No. 162, s. 2013 regarding Teachers' Health Welfare Enhancement Program and as a manifestation of concern by this Office on health status of its employees, all teaching and non-teaching personnel are required to undergo annual physical check-up in compliance with the Civil Service Commission Memorandum Circular N. 17, s. 1989. This is to ensure that all personnel are physically fit to perform their assigned roles and functions.
2. The following diagnostic examinations for DepED employees are required. In lieu of chest x-ray, pregnant women during the 1<sup>st</sup> and 2<sup>nd</sup> trimester of pregnancy are advised to undergo sputum microscopy.
 

a. Chest x-ray (11 x 14 film)	f. SGPT
b. CBC	g. Creatinine
c. Urinalysis	h. BUA
d. Fasting Blood Sugar	i. ECG
e. Total Cholesterol	
3. The package cost exclusively for DepED employees is four hundred pesos (P 400.00). Mobile clinic and medical team will go to the concerned schools as scheduled for the smooth implementation of the said annual physical examination.
4. EPS in-charge of Health, Division Nurses, and City Health Officers will likewise go to said schools to conduct medical and dental check-up and for the filling out of Personnel's Medical and Dental Health Form to be filled in the Division Data Bank of Medical & Dental Records of all DepED Personnel.
5. Teachers/Personnel are advised to take the last meal at 11:00 in the evening before the scheduled date. Check-up starts at exactly 6:00 a.m.
6. All results will be attached to CS Forms for filing, evaluation, and intervention purposes.
7. Inclosure No. 1 is the Schedule of Annual Physical Examination in all Public Schools in the City of San Jose del Monte.
8. It is directed that this Memorandum will be given the widest publicity possible.

*GHP*  
**GERMELINA H. PASCUAL**  
 Schools Division Superintendent



*"Collaborating with our Leaders, Caring for our Learners"*





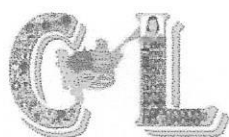
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Inclosure No. 1. Schedule of Annual Physical Examination in all Public Schools in the City of San Jose del Monte

DATE	SCHOOL	TEACHING PERSONNEL	NON-TEACHING PERSONNEL	TOTAL	TOTAL	VENUE
January 26, 2015	San Isidro ES	17	1	18	139	Sto. Cristo ES
	Kakawate ES	20	3	23		
	San Roque ES	9	1	10		
	Paradise Farms CS	28	1	29		
	Sto. Cristo ES	58	1	59		
January 27, 2015	Towerville ES	89	5	94	289	Towerville ES
	Goldenville ES	61	6	67		
	Minuyan ES	73	5	78		
	BBA ES	45	5	50		
January 28, 2015	BBG ES	75	6	81	326	BBB ES
	BBI ES	57	1	58		
	BBB ES	70	2	72		
	BBF ES	44	4	48		
	BBE ES	66	1	67		
January 29, 2015	BBC ES	63	6	69	256	BBH ES
	BBD ES	40	4	44		
	BBH ES	101	3	104		
	SapangPalay Proper ES	22	1	23		
	Dulong Bayan ES	15	1	16		
January 30, 2015	SJDMCS	55	1	56	359	MuzonPabahay ES
	Partida ES	35	3	38		
	Benito Nieto ES	57	1	58		
	M. Pabahay ES	150	5	155		
	SJDM Heights ES	48	4	52		
January 26, 2015	Gaya-gaya ES	34	1	35	191	Marangal ES
	Marangal ES	63	1	64		
	Graceville ES	61	1	62		
	San Manuel ES	10	1	11		
	Heroesville ES	14	5	19		
January 27, 2015	Ricafort ES	6	0	6	299	Francisco Homes ES
	F. Homes ES	83	1	84		
	Gumaok ES	52	6	58		
	Kaypian ES	44	1	45		
	T. Mangga ES	77	5	83		
	Kakawate ES	20	3	23		
January 28, 2015	Paradise Farms National HS	82	20	102	351	Paradise Farms National HS
	Sto. Cristo HS	71	6	77		
	Towerville HS	63	8	71		
	Minuyan HS	34	11	45		
	Kaypian HS	43	4	47		
	San Manuel HS	8	1	9		
January 29, 2015	SPNHS	247	34	281	523	San Jose del Monte National Trade School
	SJDMNTS	114	16	130		
	Citrus National HS	60	5	65		
	San Martin HS	33	4	37		
	CSJDM Science HS	9	1	10		
January 30, 2015	SJDM National HS	128	4	132	371	San Jose del Monte National HS
	Muzon HS	74	2	76		
	M. Harmony HS	57	1	58		
	Marangal HS	36	5	41		
	Graceville HS	34	3	37		
	SJDM Heights HS	24	3	27		
	DepEd Division Office	0	42	42	42	



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