



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region III
DIVISION OF CITY SCHOOLS
City of San Jose del Monte

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January 20, 2014

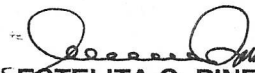
DIVISION MEMORANDUM

No. 10 s. 2014

**ANNUAL PHYSICAL EXAMINATION OF DepED CSJDM EMPLOYEES
(TEACHING AND NON-TEACHING PERSONNEL)**

To: Division/District Supervisors
Public Elementary School Principals/OICs
Public Secondary School Principals/OICs
Division/School Administrative Officers

1. Pursuant to DECS Memorandum No. 184, s. 1993, DECS Memorandum No. 500, s. 1997, Regional Memorandum No. 58, s. 2003, and Regional Memorandum No. 162, s. 2013 regarding Teachers Health Welfare Enhancement Program and as a manifestation of concern by this Office on health status of its employees, all teaching and non-teaching personnel are required to undergo annual physical check-up in compliance with the Civil Service Commission Memorandum Circular No. 17, s. 1989. This is to ensure that all personnel are physically fit to perform their assigned roles and functions.
2. The following diagnostic examinations for DepEd employees are required. In lieu of chest x-ray, pregnant women during the 1st and 2nd trimester of pregnancy are advised to undergo sputum microscopy.
 - a. Chest x-ray (11 x 14 film)
 - b. CBC
 - c. Urinalysis
 - d. Fasting Blood Sugar
 - e. Total Cholesterol
 - f. BUN
 - g. Creatinine
 - h. BUA
 - i. ECG
3. The package cost exclusively for DepEd Employees is four hundred pesos (P 400.00). MD Tech Medical and Diagnostic Mobile Clinic and Medical Team will go to the concerned Schools as scheduled for the smooth implementation of the said annual physical examination.
4. EPS in-charge of Health, Division Nurses, and City Health Officers will likewise go to said schools to conduct medical and dental check-up and for the filling out of Personnel's Medical and Dental Health Form to be filled in the Division Data Bank of Medical & Dental Records of all DepEd Personnel.
5. Teachers/Personnel are advised to take the last meal at 11:00 in the evening before the scheduled date. Check-up starts at exactly 6:00 a.m.
6. All results will be attached to CS Forms for filing, evaluation, and intervention purposes.
7. Inclosure No. 1 is the Schedule of Annual Physical Examination in all Public Schools in the City of San Jose del Monte.
8. It is directed that this Memorandum be given the widest publicity possible.


ESTELITA G. PINEDA, CESO V
Schools Division Superintendent

Collaborating with our Leaders, Caring for our Learners



**Inclosure No. 1. Schedule of Annual Physical Examination in all Public Schools in
the City of San Jose del Monte**

DATE	SCHOOL	TEACHING PERSONNEL	NON- TEACHING PERSONNEL	TOTAL	TOTAL	VENUE
February 4, 2014	San Jose del Monte Central School	54	7	61	223	SJDM Central School
	DepED Division Office	0	55	55		
	Dulong Bayan ES	12	1	13		
	Partida ES	29	5	34		
	Benito Nieto ES	55	5	60		
February 5, 2014	Kaypian ES	40	1	41	165	Francisco Homes ES
	Francisco Homes ES	71	2	73		
	Gumaok ES	46	5	51		
February 6, 2014	Kaypian NHS	32	3	35	176	SJD MNHS
	San Jose del Monte National HS	123	18	141		
February 7, 2014	Muzon Pabahay ES	142	11	153	292	Muzon Pabahay ES
	Muzon Harmony Hills HS	37	5	42		
	Muzon HS	88	9	97		
February 10, 2014	Marangal ES	28	1	29	195	Gaya-Gaya ES
	Marangal HS	27	1	28		
	Graceville ES	55	1	56		
	Graceville HS	30	4	34		
	Gaya-Gaya ES	35	1	36		
	Heroesville ES	9	3	12		
February 11, 2014	Kakawate NHS	30	3	33	131	Tungkong Mangga ES
	San Manuel ES	9	3	12		
	T. Mangga ES	68	11	79		
	Ricafort ES	6	1	7		
February 12, 2014	Paradise Farms NHS	88	12	100	175	PFNHS
	Paradise Farms CS	25	1	26		
	San Roque ES	8	1	9		
	Kakawate ES	17	2	19		
	San Isidro ES	18	3	21		
February 13, 2014	Sto. Cristo ES	53	3	56	213	Minuyan ES
	Sto. Cristo HS	37	3	40		
	Minuyan ES	66	4	70		
	BBA ES	42	5	47		
February 14, 2014	Towerville HS	51	6	57	243	Towerville ES
	Towerville ES	82	11	93		
	Minuyan HS	26	6	32		
	Goldenville ES	57	4	61		
	BBH ES	94	6	100		
	CSJDM National Science HS	6	2	8		
February 17, 2014	BBG ES	66	5	71	173	BBI ES
	BBI ES	52	5	57		
	Citrus HS	42	3	45		
February 18, 2014	BBE ES	62	6	68	427	SPNHS
	BBH ES	94	6	100		
	CSJDM National Science HS	6	2	8		
	Sapang Palay Proper ES	20	8	28		
	Sapang Palay National High School	188	35	223		
February 19, 2014	SJDMNTS	101	18	119	242	SJDMNTS
	San Martin HS	59	5	64		
	San Martin ES	55	4	59		
February 20, 2014	BBD ES	36	4	40	148	BBB ES
	BBF ES	40	1	41		
	BBB ES	61	6	67		
T O T A L		2478	325	2803		